

ABSTRACT OF THE DISCLOSURE

A method and system to selectively transmit and receive audio-visual physiological content to and from remote locations using two-way broadband communication technology via an interactive audio-visual appliance having multiple modes of operation. The transmission of audio-visual physiological content may optionally be coupled with the selective transmission and receipt of audio-visual entertainment content information, such as videos, movies, music, etc. between the remote locations, also via the interactive audio-visual appliance. Moreover, the present invention provides videoconferencing capabilities to users between remote locations via the audio-visual appliance.